

Name: _____

Date: _____

1 Complaint(s): _____

2 Onset Date: _____

3 Cause:

() Trauma: _____ () Woke with it

() Slow onset over _____ Days / months () Unknown

() Other: _____

4 Since the onset, pain interferes with:

() Sitting After _____ (Minutes / Hours)

() Standing After _____ (Minutes / Hours)

() Walking After _____ (Minutes / Hours)

() Activities of Daily living:

() Getting dressed () Bathing / Showering () Cleaning the house

() Sleep: () Getting to sleep () staying asleep

() Recreational activities:

() Golf () Basketball () Softball () Running () Cycling () Other: _____

5 History of pain:

() Comes and goes for years () Constant for years () Never had this before

6 Problems or changes with the following? Check all that apply or () All Negative

() Sense of smell () Blurred vision () Speech () Memory

() Sense of taste () Swallowing () Balance

() Hearing () Facial weakness () Numbness / pain in the face

7 Goal(s) for Care: () Pain Relief () Correction of Underlying Problem

() Learn of Healthier Lifestyle

8 Accidents / Injuries / Falls: _____

9 Conditions / Illnesses: _____

10 Surgeries: _____

11 Fractures: _____

12 Hospitalizations: _____
13 Recent X-Rays / MRI's: _____
Pregnancies: _____

14 Are you or could you be currently pregnant? Y / N _____
Allergies: _____

15 Medications: _____
16 _____

17 Supplements: _____
18 _____

18 Water Intake: _____ Ounces / bottles per day _____

19 Smoke: () Yes - _____ packs / day () No - Quit _____ yrs ago () No - Never did